

FEAR NOT

Scooter is Terrene's best speller. But he's got one BIG problem: the big stage and the bright lights terrify him. Can he overcome his fear and take the spelling crown?

Let's Get Started

Episode Theme: Fear has no power.

1. <u>Isaiah 41:13</u> describes God as holding your hand. It's comforting to have someone hold your hand when you're afraid—but it's even more comforting when the person holding your hand is all-powerful! What fear do you need God's help to overcome?

2. In <u>2 Chronicles 20:15-23</u>, we read about King Jehoshaphat. He was afraid because a huge army was coming to attack his people. In his fear, he asked God to help him, and he had all the frightened people pray with him. God told them, "Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God's." God told them that they would not need to fight at all. The king and the people went out to the battlefield, but instead of fighting, they sang praise songs! God had the invading army fight among themselves until no one was left to threaten the king and his people. As you listen to this episode, think about what you do when you are afraid.

Memory Verse

"I am the Lord your God. I am holding your hand, so don't be afraid. I am here to help you"

Isaiah 41:13

After You Listen

In this episode, Scooter has to face his fear of being on stage in front of a lot of people. Being afraid once in a while is a normal part of life; everyone is afraid of something, though not everyone is afraid of the same thing. Sometimes our fear can help keep us safe. But when fear keeps you from doing things you like or that you're good at, then it becomes a problem. Fear begins to control you rather than help you.

Grandpa Anole told Scooter a number of stories from the Bible where people were afraid. Have you ever been really afraid? So scared that someone needed to say to you, "Fear not!" Think about something you're afraid of. Now imagine facing it with the smartest, most powerful person alive holding your hand. <u>Isaiah</u> 41:13 tells us that God is holding our hand! We have nothing to be afraid of!

Want to dig deeper and learn more about conquering your fear? When you feel afraid, try repeating to yourself one of the Bible verses like <u>Psalm 23:4</u>, <u>Hebrews 13:6</u>, or <u>Isaiah 41:10</u> where God promises to be with you.

Challenge

Try this Bible Quiz on "Fear Not!"

Question 1: Who was first hunted by the king (who wanted to kill him) and then hunted down by his own son (who also wanted to kill him), yet wrote these words while running for his life: "O LORD, how many are my foes! How many rise up against me! Many are saying of me, 'God will not deliver him.' But you are a shield around me, O LORD"? (Psalm 3:1-3)

Question 2: Who was whipped, stoned, thrown into jail, arrested, shipwrecked, and bitten by a poisonous snake, yet wrote, "We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed"? (2 Corinthians 4:8)

How did you do?

The answer to Question 1 is **David**. David ran for his life from King Saul and his army as well as from his own son, Absalom. David was honest in his writing about being afraid, but he always centered his hope on God.

The answer to Question 2 is the apostle **Paul**. Paul faced physical hardship, brutal words, and dangerous situations, but he always trusted Jesus to hold his hand.

What about you? When you're afraid, do you focus on your fear? Or are you like King David and Paul, and look away from your fear to focus on the Lord?

Take the Episode Quiz

Question 1: Of what is Scooter afraid?

Answer: Being on stage, in front of lots of people.

Question 2: Who helps Scooter face his fear?

Answer: Lucille, Julia, and/or Grandpa Anole.

Question 3: Which words from the Bible give Scooter confidence and help him overcome his fear?

Answer: "Fear not!"

https://kidscorner.net/liz-and-friends/episodes/fear-not Printed on April 25, 2024

