

## THE DISORIENTED EXPRESS: PART 1

Liz is celebrating Granny's birthday on a special train ride, but what happened to Granny?

### Let's Get Started

**Episode Theme:** Leaning on our own understanding?

1. What do you do when you are afraid or confused? Do you try to figure things out for yourself? Do you ask for help?

2. In [Genesis 12](#), God made a big promise to Abram: that he would be the father of a great new nation in a new land. Abram trusted God enough to leave everything he knew and take his family far away. What amazing faith! But when problems came, Abram started to rely on his own ideas instead of trusting God. He and his family went to Egypt. Abram was afraid that the Egyptians would kill him to take his beautiful wife, Sarai, so he lied and said that she was his sister. Though his plan seemed to work, and Abram was treated well, eventually Pharaoh figured out what was going on and sent Abram and his family away. Leaning on his own understanding made for a lot of confusion and heartache for Abram. Trusting God to "direct your paths" ([Proverbs 3:6](#)) can be hard, but it is always the better choice.

### Memory Verse

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight"

**Proverbs 3:5-6**

### After You Listen

In this episode, Liz and his friends are given clues to follow to solve a mystery. God gives you a mind to think and understand, but trusting just in yourself can often make you anxious and exhausted. God wants you to rely on him and the tools Lucille talks about: prayer, the Bible, and older, wiser Christians. These remind you that God is trustworthy and will always take care of you.

David spent a large part of his life being chased by enemies, including King Saul! Sometimes David was so scared that he felt this way: "The cords of death entangled me; the torrents of destruction overwhelmed me." [Psalm 18:1-19](#) describes one instance where David was surrounded by enemies who were too strong for him, so he prayed to God to help him. God is described as a fierce storm that showed his amazing power to save David and scatter his enemies! There is nothing God can't do!

### Challenge

Pick one verse that tells you something about God that shows that he is trustworthy.

Try one of these: [Psalm 18:2](#), [Lamentations 3:22-23](#), [Psalm 36:5](#), [Psalm 86:15](#), [Psalm 89:14](#), [Isaiah 25:1](#), or [Psalm 46:1](#)

Put the verse on a plaque like Grandpa Anole gave to Granny!

## Take the Episode Quiz

**Question 1:** Why were Liz and his friends on The Big Rock Express?

**Answer:** They were invited by Granny to a special expedition to celebrate her birthday.

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**Question 2:** What verse was written on the plaque that Grandpa Anole gave Granny?

**Answer:** Proverbs 3:5-6.

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**Question 3:** Who provided the entertainment for the party?

**Answer:** A magician named Manfred the Magnificent.

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**Question 4:** Who was skeptical about the magician's tricks?

**Answer:** Spike.

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**Question 5:** What happened to Granny?

**Answer:** She disappeared.

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